

# ASCOFF Adult Carers Survey Analysis

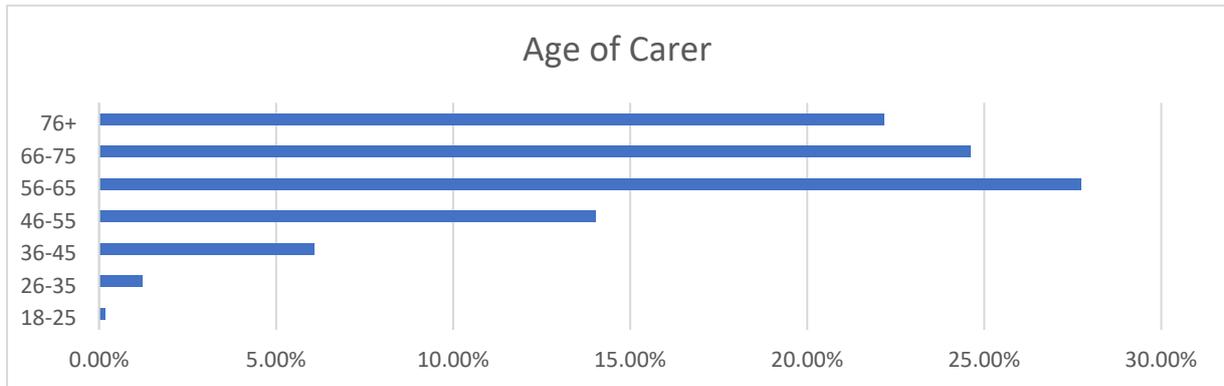
The carers survey was sent to 2,461 carers with the data provided to SCC from the Carers Centre.

When we completed the field work process, we had received 577 completed questionnaires, roughly an 23% response rate.

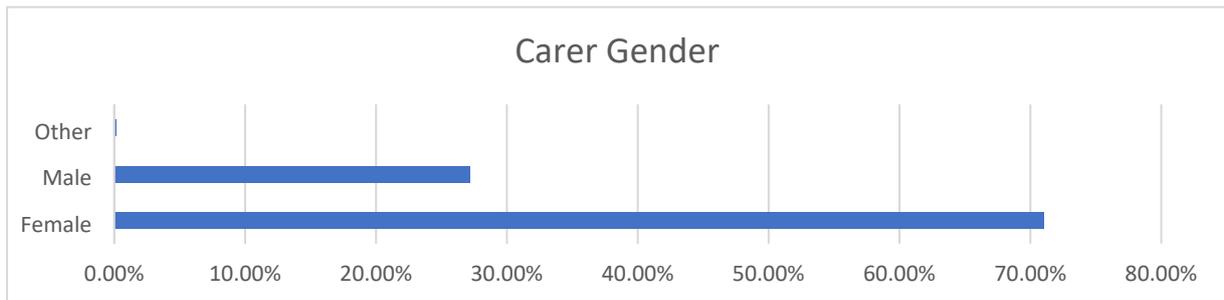
All the following information is based on the 577 carers who completed and returned the survey.

## Carer Demographics:

- 75% of carer respondents are aged 56 and over



- 71% of carer respondents were female.



- British made up 89% of carer respondents.

## ASCOF Measures

We improved on the 21/22 survey in all areas except for 'Overall Satisfaction', however, it is worth noting that only 'extremely' and 'very' satisfied responses are used for this measure. A further 18% of all responses stated they were quite satisfied.

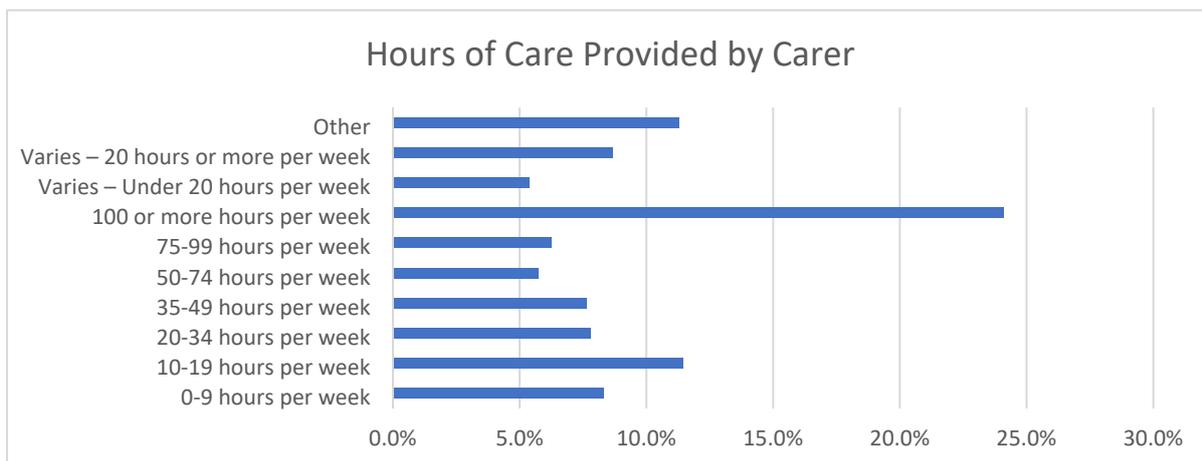
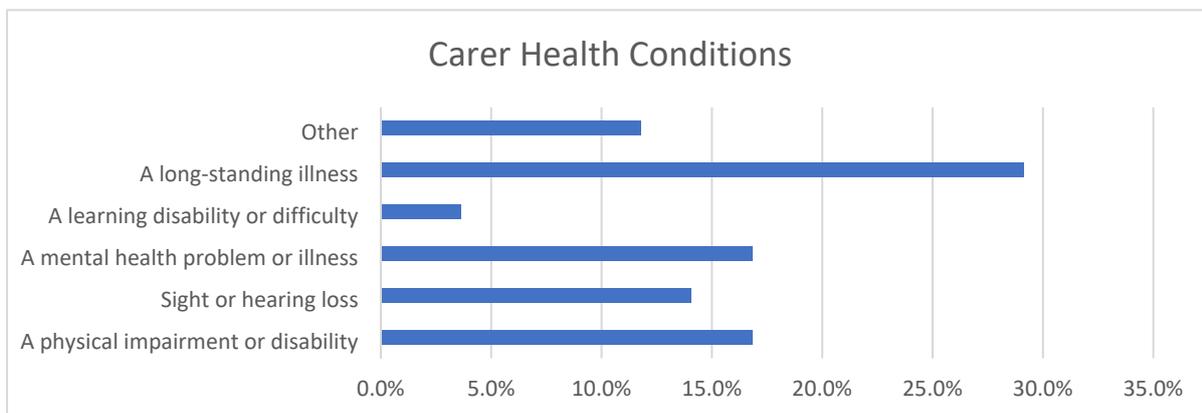
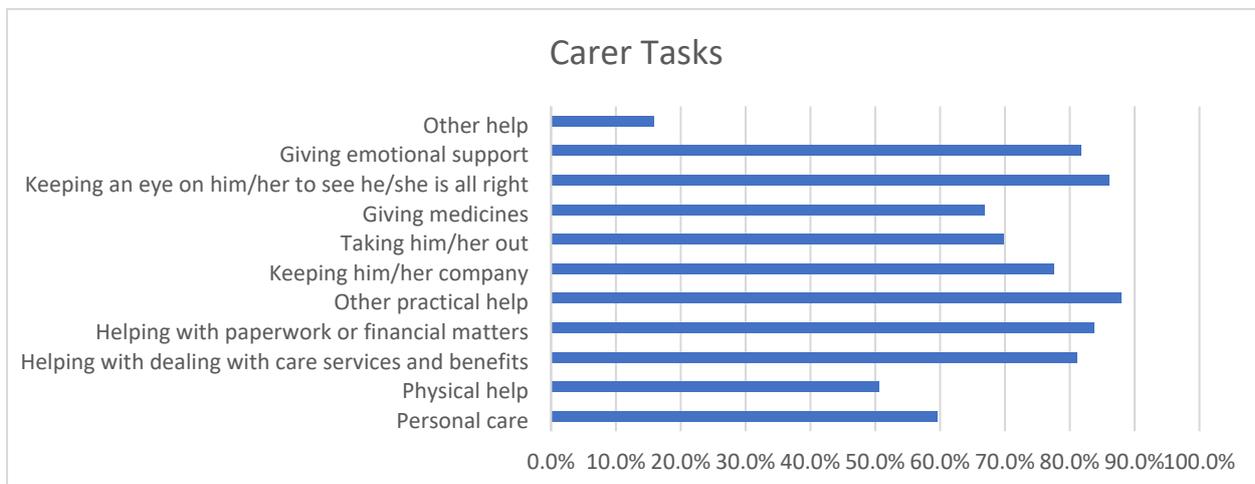
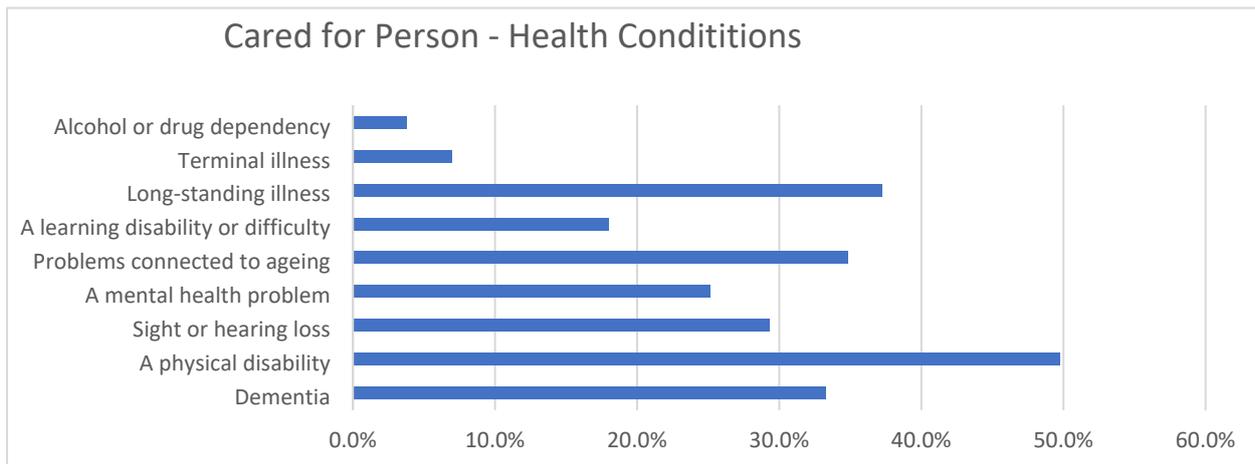
This figure is also based on the 330 responses which had received support only.

CARER SURVEY RELATED ADULT SOCIAL CARE OUTCOMES FRAMEWORK (ASCOF) RESULTS											
Measure	16/17 Score	18/19 Score	20/21 Score	21/22 Score	23/24 Score	Target	Trend V Prev Yr	National Score	Regional Score	Peer Score	Core City Score
1D: Carer-reported quality of life	7.1	7.0	Postponed (COVID)	7.3	Provisional 7.4	7.7	Better	7.3	7.4	7.2	7.0
1I(2): Proportion of carers who reported that they had as much social contact as they would like	28.9	26.6	Postponed (COVID)	30.9	Provisional 33.1	33.0	Better	28.0	31.2	27.5	26.7
3B: Overall satisfaction of carers with social services	30.0	26.6	Postponed (COVID)	34.7	Provisional 31.2	30.0	Worse	36.3	37.7	35.1	33.7
3C: Proportion of carers who report that they have been included or consulted in discussion about the person they care for	66.0	56.0	Postponed (COVID)	62.4	Provisional 66.7	64.0	Better	64.7	64.7	65.0	60.8
3D(2): The proportion of carers who find it easy to find information about services	53.8	51.2	Postponed (COVID)	53.3	Provisional 56.0	62.0	Better	57.7	56.3	56.5	52.3

## Survey Summary:

- 60% of cared for people live with their carer with 37% living somewhere else.
- Compared the 21/22 survey there has been an increase across all categories of the carer health's being impacted by their carer's role. The biggest increases are the carer having disturbed sleep, feeling depressed and going to see their own GP.

- 24% of carers spend more than 100 hours per week helping the person they care for.
- 29% of carers state they have a long-standing illness of their own, with 60% having some form of long-term health condition.
- 22% of carers have helped the person they care for, for over 20 years.



Question	Response	21/22	23/24
Q4. Overall, how satisfied or dissatisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?	No support received in last 12 months	43.1%	40.7%
	I am extremely satisfied	7.9%	8.0%
	I am very satisfied	11.2%	9.9%
	I am quite satisfied	14.1%	17.7%
	I am neither satisfied or dissatisfied	10.8%	9.4%
	I am quite dissatisfied	5.3%	4.9%
	I am very dissatisfied	1.3%	3.3%
Q7. Which of the following statements best describes how you spend your time?	I am extremely dissatisfied	4.6%	4.2%
	I'm able to spend my time as I want, doing things I value or enjoy	18.2%	16.5%
	I do some of the things I value or enjoy with my time but not enough	60.9%	65.3%
Q8. Which of the following statements best describes how much control you have over your daily life?	I don't do anything I value or enjoy with my time	18.5%	15.6%
	I have as much control over my daily life as I want	25.3%	22.4%
	I have some control over my daily life but not enough	57.4%	64.1%
Q9. Thinking about how much time you have to look after yourself – in terms of getting enough sleep or eating well – which statement best describes your present situation?	I have no control over my daily life	15.4%	11.4%
	I look after myself	47.3%	47.3%
	Sometimes I can't look after myself well enough	32.1%	29.8%
Q10. Thinking about your personal safety, which of the statements best describes your present situation?	I feel I am neglecting myself	18.5%	21.5%
	I have no worries about my personal safety	79.8%	79.0%
	I have some worries about my personal safety	17.1%	17.2%
Q11. Thinking about how much social contact you've had with people you like, which of the following statements best describes your social situation?	I am extremely worried about my personal safety	1.1%	1.7%
	I have as much social contact as I want with people I like	30.1%	32.4%
	I have some social contact with people but not enough	48.4%	49.9%
Q12. Thinking about encouragement and support in your caring role, which of the following statements best describes your present situation?	I have little social contact with people and feel socially isolated	19.1%	15.6%
	I feel I have encouragement and support	28.8%	28.8%
	I feel I have some encouragement and support but not enough	42.2%	44.0%
Q13. Thinking about the other people you have caring responsibilities for, which of the following best describes your current situation? Please exclude the person you spend most time helping.	I feel I have no encouragement and support	25.9%	23.9%
	I don't have caring responsibilities for anyone else	50.5%	46.6%
	I always have enough time to care for them	18.7%	18.4%
	I sometimes have enough time to care for them	22.4%	25.3%
	I never have enough time to care for them	4.8%	5.5%

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Q15. In the last 12 months, has caring caused you any financial difficulties?	No, not at all	57.4%	55.5%
	Yes, to some extent	30.3%	32.2%
	Yes, a lot	8.8%	9.2%
Q16. How often do you feel lonely?	Often or always	-	13.2%
	Some of the time	-	28.8%
	Occasionally	-	28.1%
	Hardly ever	-	15.9%
	Never	-	11.4%
Q17. In the last 12 months, have you found it easy or difficult to find information and advice about support, services or benefits? Please include information and advice from different sources, such as voluntary organisations and private agencies as well as Social Services.	I have not tried to find information or advice in the last 12 months	37.8%	32.9%
	Very easy to find	7.3%	6.9%
	Fairly easy to find	24.4%	29.6%
	Fairly difficult to find	18.7%	19.6%
	Very difficult to find	9.0%	9.2%
Q18. In the last 12 months, how helpful has the information and advice you have received been? Please include information and advice from different organisations, such as voluntary organisations and private agencies as well as Social Services.	I have not received any information or advice in the last 12 months	41.1%	38.8%
	Very helpful	14.1%	14.2%
	Quite helpful	32.7%	34.5%
	Quite unhelpful	5.9%	7.6%
	Very unhelpful	2.9%	2.8%
Q19. In the last 12 months, do you feel you have been involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?	There have been no discussions that I am aware of, in the last 12 months	45.9%	39.5%
	I always felt involved or consulted	17.6%	20.1%
	I usually felt involved or consulted	13.8%	18.4%
	I sometimes felt involved or consulted	13.4%	14.0%
	I never felt involved or consulted	5.5%	5.2%
Q21. Thinking about combining your paid work and caring responsibilities, which of the following statements best describes your current situation?	I am not in paid employment because of my caring responsibilities	18.0%	19.4%
	I am not in paid employment for other reasons (e.g. Retired)	50.5%	50.6%
	I am in paid employment and I feel supported by my employer	12.5%	14.4%
	I am in paid employment but I don't feel supported by my employer	5.7%	5.0%
	I do not need any support from my employer to combine my work and caring responsibilities	4.6%	3.3%
	I am self-employed and I am able to balance my work and caring responsibilities	2.2%	1.9%
	I am self-employed but I am unable to balance my work and caring responsibilities	1.1%	1.4%



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